

**Update #10 to the Higher Education Report: Recommendations for Reopening Undergraduate Colleges and Universities
Guidance Related to Students from Affected States
Issued by Mark Ojakian, State Lead for Reopening Higher Education
August 4, 2020**

This guidance repeals Update #9 and should be viewed as supplemental to Update #6, issued on June 23rd. This guidance shall only apply to students coming to Connecticut to enroll in an institution of higher education from an Affected State, as defined by the Commissioner of Public Health's Travel Advisory, issued pursuant to [Executive Order 7III](#).

Executive Order 7III authorized the Commissioner of Public Health to issue a travel advisory that requires Affected Travelers from Affected States to self-quarantine for a period of fourteen (14) days from the time of last contact with such Affected State, for any portion of such fourteen (14) day period they spend in Connecticut, or for the duration of such Affected Travelers' stay in Connecticut, whichever is shorter.

All students traveling to Connecticut from an Affected State, whether they live on or off campus, should come to Connecticut prepared to quarantine for 14 days upon arrival in their dorm room or in their off-campus housing. Upon arrival to Connecticut or shortly before or after, students from Affected States shall be required to [fill out the online travel form](#) and indicate they will self-quarantine for 14 days upon arrival in the state. Parents accompanying their children from affected states are considered "unable to quarantine." For this situation, parents should get a test 72 hours prior to arrival in CT and complete the online travel form. Activities while they are here should be minimized to those critical to transitioning their child to their new environment.

Self-quarantine is the best way to ward against the spread of the virus from other states and schools are encouraged to quarantine students wherever possible. Campuses may begin to have students back from Affected States to begin their quarantine as early as August 3rd.

Institutions shall determine the parameters of the 14-day self-quarantine at the institution for students arriving from Affected States, taking the following into consideration:

- Students from Affected states may quarantine in their assigned dorm room, with their assigned roommates, or other well-defined groups, that reflect sound public health practices. Campuses do not need to create separate isolation space for the recommended 14-day self-quarantine for students from Affected States.
- Institutions can organize students from Affected States who share living and bathroom space as a pod. For instance, if twelve students on a floor share a bathroom, they can be considered a pod. These pods can socialize, dine, and participate in activities, particularly outdoors, with others in the pod. They should however remain separate from other Affected States pods and non-quarantining students.
- Within pods, students should continue to observe the wearing of face coverings, maintaining social distance and regular hand hygiene.
- Students coming from Affected states who are living on campus should remain on campus during the 14-day self-quarantine to limit interactions with the local community during the self-quarantine period.

- Students coming from Affected states who are living on campus should utilize grab and go options for campus dining and/or have food and groceries delivered.
- If classes start during the self-quarantine period, these students should start classes online only.
- Institutions should delay the opening of campus fitness centers, the scheduling of other large in-person events, and limit interactions beyond small groups of students and/or classes during the period of self-quarantine.
- Students who display symptoms consistent with COVID-19 during their quarantine period should be immediately isolated and tested for COVID-19.