

# Cancer support services

Guiding your employees through their cancer journey while managing costs

Your employees deserve high-quality, affordable care. We know that rising costs are a concern for your business and all people involved. That's why we're doing as much as we can to help improve the quality of cancer care and keep it affordable. The good news is that the programs we have in place to improve patient care, can also impact the total cost of care.

## How we're managing costs



- **Early detection and preventive action**

Cancer screenings save lives. We supply more than 13 million a year and many of those are at no cost. We also help our members make healthy changes in their lives. We have programs to help them quit smoking and make better food choices, and also give exercise support.



- **Evidence-based health care policies**

We have a Medical Policy & Technology Assessment Committee that reviews the medical evidence on efficacy and safety of treatments, including cancer therapies. Imaging and radiation oncology services, chemotherapy (drug) treatments and genomic testing are some of the services that are subject to review.



- **Provider collaboration**

The Cancer Care Quality program was developed to help drive quality services and cost solutions for cancer care. The program provides enhanced reimbursement for treatment that has been proven to work well at a reasonable cost. The result is better care for members.

## Addressing total well-being and health

We have a whole-person, whole-life approach to care that addresses all the factors that contribute to total well-being. We provide support to those who embark on the cancer journey at every step of the way, including post treatment through their lives. Many of our post-therapy offerings are available for all people who are touched by cancer, not just our members or their families.

## Joe's cancer journey, an example of our programs in action



### Joe needs to schedule a colon cancer screening.

1. He uses **Estimate Your Cost** to find a low-cost, high-quality facility for his colonoscopy.
2. After being diagnosed with probable cancer, Joe's **Enhanced Personal Health Care (EPHC) provider** refers him to an oncologist.
3. His oncology surgeon pre-certifies his surgery and feels he could benefit from a **Blue Distinction Center**.
4. Joe's surgery triggers outreach from a **Case Management** nurse to help him in his time of need.
5. Joe's EPHC provider checks on him after surgery and is also in contact with the oncologist to monitor Joe's progress.
6. His case management nurse gives Joe a screening for depression, which is positive. She refers Joe and his wife to a **behavioral health professional** for support.
7. The case manager suggests Joe use the **Self-Care app** and call the **24/7 NurseLine** with questions after hours. She also recommends his wife visit [helpforcancer.org](https://helpforcancer.org).
8. During chemotherapy, Joe's oncologist uses the **Cancer Care Quality program** to pre-certify his treatment.
9. Joe responds well to chemo and uses the **My Care Plan app** to continue on the road to good health.
10. Joe's manager at work utilizes the **Workplace Transitions** Web tool to help Joe adjust to life back at work.

## Comprehensive support is available

Talk to your Sales representative for more on Anthem's cancer care resources.



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